# **Cell mediated immunity**

#### **Activation of Naive and Effector T Cells**



#### **Phases of T Cell Responses**



# **Phases of T-Cell Response**

- Sequential steps that result in increase in the **numbers of Ag-specific T-cells** and conversion of naïve T-cells to effector cells
- Naïve T lymphocytes circulate looking for Ag, express the receptor but can't perform the effector function
  - must be stimulated to differentiate into effector cell )T-helper/CTL) –initiated by Ag recognition
  - done in peripheral lymphoid tissue
  - also gets signals from microbes and/or innate immune system

# **Phases of T-Cell Response**

#### **Combination of all signals** cause Ag-specific Tcells to secrete **cytokines**

- happens to CD4+ and CD8+ cells
- cytokine and Ag and microbe act as 2<sup>m</sup> signal that causes proliferation to increase the numbers of Agspecific T-cells
  - called CLONAL EXPANSION
- fraction undergoes differentiation and switch functions from recognizing Ag to effector T-cells to eliminate microbes
- as microbe is eliminated, effector T-cells die and return to basal level of lymphocytes

# **MHC-Associated Peptide Recognition**

- Initiation signal –TCR and CD8+ or CD4+ receptor recognize peptide-MHC on APC
  - cytosolic proteins –MHC I –CD8+ CTL
  - vesicular proteins -MHC II -CD4+ helper
  - TCR recognizes peptide and AA residues on MHC around peptide binding cleft
  - CD4 and CD8 are co-receptors on MHC-restricted T-cell help to bind TCR to MHC
    - recognize at sites separate from the peptide binding site that helps to ensure the correct T-cell response
- Must get 2 or more TCR and co-receptors to bind MHC-peptides to initiate the signaling pathways
  - must encounter an array of Ag for a long time or multiple times to begin the activation –threshold needed to initiate response



#### Formation of the immunological synapse

This schematic diagram illustrates the steps in the formation of the immunological synapse.

Before antigen recognition, various receptors on T cells and their ligands on APCs are dispersed in the plasma membranes of the two cells.

When the T cell recognizes antigen presented by the antigen-presenting cell (APC), selected receptors on the T cell and their respective ligands are redistributed to a defined area of cell-cell contact, forming the synapse.

The molecules in the central portion of the synapse form the central supramolecular activation cluster (cSMAC), and the molecules in the periphery form the peripheral supramolecular activation cluster (pSMAC)

# Biochemical Signals



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- T-cell activation requires proteins linked to TCR to form TCR complex and to CD4or CD8 coreceptor
- 2 set of molecules
  - Ag receptors with much diversity
  - those that are conserved signals
  - TCR recognizes the Ag but can't pass on the signal so TCR associates with CD3 (**complex of 3 proteins**) and with a homodimer of  $\zeta$ chain
    - now signal can be passed to the interior of the T-cell
    - TCR, CD3 and  $\zeta$  make up TCR complex

# **Role of Costimulators**

- Full T-cell activation requires costimulators on the surface of APC – provide 2<sup>rd</sup> stimuli to T-cell
- 2best defined are **B**)**7-1** CD80) and B7-2 (CD(86)

 both are on professional APC and their expression is increased when in contact with microbe

- B7 molecules recognize CD28 expressed on nearly all Tcells and along with TCR:MHC-peptide/co-receptor – essential for activating T-cells
  - ensures full activation of naïve T-cells
  - absence of B7 and CD28 interactions =no activation
- CD40L )ligand) on T-cells and CD)40 receptor) on APC –not a direct enhancement of T-cell activation
  - causes the expression of more B7 molecules and activates APC to secrete cytokines
    - secrete cytokines
      IL-12 enhances T-cell proliferation and makes APC better at stimulating T-cells



• Response of T-lymphocytes to Ag and constimulation are **mediated by cytokines** that are secreted by the T-cell and acts on T-cells as well as other cells of the immune system

#### -IL-2 and T-Cell Activation

**-2 hours after CD4+ cells IL-2 is secreted which** enhances the ability of T-cells to respond to IL-2 by way of regulation of IL-2 receptor expression

-IL-2 receptor has **3 protein chains**, naïve T-cells express 2 of the 3 proteins ( $\beta\gamma_o$ ) which can't bind IL-2 with high affinity

 $-3^{rd}$  chain ( $\alpha$ ) gets expressed after activation to complete receptor

---now have receptor that **can strongly bind IL-2**, preferentially on the same T-cell

---IL-2 stimulates **T-cell proliferation** – forces cells into cell cycle

Thus, IL-2 acts as a T-cell "growth hormone"

-CD8+ T-cell –doesn't appear to make large amounts IL- ·2may depend on CD4+ helper cells to provide IL-2

#### **Regulation of IL-2 Receptor Expression**



# **Clonal Expansion**

Within 1-2 days after activation, T-cells begin to proliferate and start expansion of Ag specific lymphocytes CD8+ Tcells

- before infection 1 in 10<sup>5</sup> to 10<sup>6</sup> specific for Ag
- after viral infections, 10-20% of all lymphocytes in lymphoid organs may be specific for that virus, an increase of 100,000 fold increase in Ag-specific for that virus

#### CD4+ T-cells

- see only a 100 to 1000 fold increase
- Difference may be due to difference in function
  - CD8+ are effector cells themselves kill infected cells
  - CD4+ effector cells secrete cytokines that activated other effector cells; small amount of cytokine needed to cause action

#### **Clonal Expansion Surprises**

-Expansion is in specific T-cells for Ag but not other T-cells that do not recognize Ag

-Even though microbe may be complex usually> 5 immunodominant peptides used for expansion



## **Differentiation of Naïve Cells**

- Need to become effector cells to eradicate the infection
- Changes in gene expression –cytokines in CD4+ and CD8+ cells or cytolytic proteins in CD8+ CTLs
- Appear **in 4-3days** and leave lymphoid tissue to move to the site of infection
- CD4+ and CD8+ perform different functions so differentiation is also different

## **CD4+Effector Cells**

Respond to Ag by making surface molecules and cytokines to mainly **activate macrophages and B-cells** 

CD40L (ligand) is the most important – expressed after Ag recognition and costimulation

- binds to CD40, mainly on macrophages, B-cells or dendritic cells
  - binding activates macrophages and B-cells
  - binding of dendritic cells cause **expression of costimulators** and T-cell activating cytokines

 interaction produces T-cells activating cytokine causing positive feedback on APC-induced positive cell activation



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#### **Helper T-Cell Subsets**

- Different types of CD4+ effector T-cells with distinct function
- Subsets of effector cells produce distinct sets of cytokines that perform different functions
  - T<sub>H</sub> and T<sub>H</sub> cells
  - --recently identified group called  $T_{H}$  7 because of signature cytokine IL-17
  - regulatory T-cells is also subset



# Differentiation of $T_{\rm H}1,\,T_{\rm H}2$ and $T_{\rm H}17$

--Not a random process but is regulated by stimuli that naïve CD4+ T-cell receive when they encounter microbial Ag

- --Macrophage and dendritic cells make IL-12 in response to many bacteria and viruses; NK cells make IFN $\gamma$
- --T cell encounters Ag on APC also get exposed to IL-12
  - promotes  $T_{H^1}$  proliferation and release of IFN $\gamma$  to activate macrophages
  - innate immune response of IL-12 by APC will drive the formation of  $T_H$  helper cells (adaptive immune response(

If there is no IL-12 as in helminth infection, then the T-cell will secrete IL-4 and get a  $T_{H2}$  response

– may also be influenced by type of dendritic cell that can dictate the  $T_H$  response

Differentiation of one type will inhibit the development of the other one to make most effective response to microbe

# **Types of CD4+ Cells and Cytokines**



-T<sub>H</sub>1 and T<sub>H</sub>2 cells are distinguished by cytokines but also by cytokine receptors and adhesion molecules they express

-Other CD4<sup>+</sup> cells produce various mixtures of cytokines – not readily classified









Macrophage response	Role in cell-mediated immunity
Production of reactive oxygen species, nitric oxide, increased lysosomal enzymes	Killing of microbes in phagolysosomes (effector function of macrophages)
Secretion of cytokines (TNF, IL-1, IL-12)	TNF, IL-1: leukocyte recruitment (inflammation) IL-12: $T_H$ 1 differentiation, IFN- $\gamma$ production
Increased expression of B7 costimulators, MHC molecules	Increased T cell activation (amplification)



The balance between T<sub>H</sub>1 and T<sub>H</sub>2 cell activation determines the outcome of intracellular infections

- Naive CD4+ T lymphocytes may differentiate into
- T<sub>H</sub>1 cells, which activate phagocytes to kill ingested microbes, and
- $T_{\rm H}2$  cells, which inhibit macrophage activation
- The balance between these two subsets may influence the outcome of infections, as illustrated by *Leishmania* )parasite) infection in mice &leprosy
   *Mycobacterium leprae*) in humans
- Both agents are intracellular → need cell-mediated immunity



Infection	Response	Outcome
Leishmania major	Most mouse strains: $T_H 1 \implies$ BALB/c mice: $T_H 2 \implies$	Recovery Disseminated infection
Mycobacterium leprae	Some patients: $T_H 1 \implies$ Some patients: Defective $T_H 1$ or dominant $T_H 2 \implies$	Tuberculoid leprosy Lepromatous leprosy (high bacterial count)

# Migration and retention of effector T cells at site of infection

# Migration of naïve and effector T lymphocytes



# **Migration of naive and effector T cells**

- A. Naive T lymphocytes home to lymph nodes as a result of L-selectin binding to its ligand on high endothelial venules )HEVs), which are present <u>only in lymph nodes</u>
  - Activated T lymphocytes, including effector cells, home to sites of infection in peripheral tissues, and this migration is facilitated by:
    - E-selectin Ligand  $\leftarrow \rightarrow$  E-selectin
    - P-selectin Ligand  $\leftarrow \rightarrow$  P-selectin
    - Integrins:
      - LFA1  $\leftarrow \rightarrow$  ICAM-1 (ligand(
      - VLA4  $\leftarrow$   $\rightarrow$  VCAM-1 (Ligand(
- Chemokines that are produced in lymph nodes and sites of infection also participate in the recruitment of T cells to these sites







# Recruitment of leukocyte at infection site



# T cell homing receptors and their ligands

T cell molecules involved in homing	Endothelial cell molecules	Function of receptor: ligand pair
Naive T cells L-selectin LFA-1 (β2-integrin)	L-selectin ligand ICAM-1 CCL19 or CCL21	Adhesion of naive T cells to high endothelial venule (HEV) in lymph node Stable arrest on HEV Activation of integrins and
Activated (effector and memory) T cells E- and P- selectin ligand LFA-1 (β2-integrin) or VLA-4 (β1 integrin)	E- or P- selectin	Initial weak adhesion of effector and memory T cells to cytokine activated endothelium at peripheral site of infection Stable arrest on cytokine activated endothelium at peripheral site of infection
CXCR3, others	CXCL10, others	Activation of integrins and chemotaxis



#### **Development of Memory**

Fraction of Ag-activated T-cells differentiate into long-lived memory T-cells –even after infection is eradicated and innate immune reaction to infection pathogen is over

Subsets of memory –not known how it happens

- in mucosal barrier is effector memory =rapid effector functions
- in lymphoid tissue is central memory cells =populate lymphoid tissue and responsible for rapid clonal expansion after re-exposure
- Memory T-cells do not produce cytokine or kill cells
  - rapidly do so when encounter Ag again



## **Decline of the Immune Response**

- Clonal expansion and differentiation occurs in peripheral lymphoid organs
- As infection is cleared and stimuli for lymph activation disappears and the response will decline
- Cells are deprived of survival factors –die by apoptosis; 2-1wks after infection cleared

-only thing that remains is the memory T-cells There is need to down modulate T cell response. Otherwise, patient may die due to uncontrolled immune responses (immunopathology

### Limiting and Terminating Immune Response

- Proteins homologous to CD28 are critical for limiting and terminating immune responses
- Inhibitory receptor CTLA-4 is like CD28 recognizes
  B7 on APC and PD-1 recognizes different but related ligands on many cell types
  - induced in activated T-cells
  - CTLA-4 involved in inhibitory response to some tumors
  - PD-1 inhibits responses to some infection and infection becomes chronic

## CTLA-4 (Cytotoxic T-Lymphocyte Antigen 4)

CTLA-4 is found on the surface of T cells which is also known as CD152 (Cluster of differentiation 152).

It is a member of the immunoglobulin superfamily, which is expressed on the surface of T cells and transmits an inhibitory signal to T cells.

Function: CTLA-4 is a protein receptor that downregulates the immune response.

CTLA-4 is similar to the T-cell co-stimulatory protein.

The T cell attack can be turned on by stimulating the CD28 receptor on the T cell.

The T cell attack can be turned off by stimulating the CTLA-4 receptor, which acts as an "off" switch.

Mutation in CTLA-4 is associated with different autoimmune diseases.

#### T cell activation In Brief...

T cell responses are initiated by signals provided by clustering of TCR complexes through recognition of antigen on the surface of an APC and through signals provided by costimulators expressed on APCs.

The response of the T cell varies with the nature of the antigen, the APC that presents the antigen, and the stage of maturation and differentiation of the T cells.

The best defined costimulators for T cells are the B7 proteins, which are recognized by CD28 on T cells.

B7 molecules are expressed on professional APCs, and their expression is enhanced by microbes and by cytokines produced during innate immune reactions to microbes.

#### Cont...

The requirement for costimulation, especially for activation of naive T cells, ensures that T cell responses are induced in lymphoid organs, where professional APCs are concentrated, and against microbes and microbial products

T cell responses to antigen and costimulators include synthesis of cytokines, cellular proliferation, differentiation into effector and memory cells, and performance of effector functions.

Clustering of TCRs on antigen recognition triggers intracellular signaling pathways that result in the production of transcription factors, which activate a variety of genes in T cells.

Intracellular signaling may be divided into

membrane events,

cytoplasmic signaling pathways ,and nuclear transcription of genes.

#### Cont...

Membrane events include the recruitment and activation of protein tyrosine kinases into the TCR complex ;the phosphorylation of TCR complex constituents )e.g., the  $\zeta$  chains) ; and the recruitment of protein tyrosine kinases, especially ZAP- ,70 and adapter proteins.

**Cytoplasmic signaling pathways** lead to the activation of effector enzymes, such as the kinases ERK, JNK, and PKC, and the phosphatase calcineurin.

These enzymes contribute to the activation of transcription factors such as NF-AT, AP-1, and NF-κb, which function to enhance gene expression in antigen-stimulated T cells.

Some peptides in which the TCR contact residues are altered may induce partial T cell responses or inhibit T cell activation by poorly understood biochemical mechanisms

#### Evasion of cell-mediated immunity by microbes

- Different bacteria &viruses resist the effector mechanisms of cell-mediated immunity by different mechanisms:
  - Inhibition of phagosome-lysosome fusion )*Mycobacterium tuberculosis*(
  - Inhibition of Ag presentation
    - HSV peptide interference with TAP transporter
    - Inhibition of proteasomal activity (CMV, EBV(
    - Removal of MHC I from ER (CMV(

Microbe	Mechanism	
Mycobacteria	Inhibition of phagolysosome fusion	Phagosome with ingested mycobacteria Mycobacteria survive within phagosome

## **Evasion of cell-mediated immunity by microbes**

Microbe	Mechanism	Fig 6-12
Herpes simplex virus (HSV)	Inhibition of antigen presentation: HSV peptide interferes with TAP transporter	Cytosolic protein Proteasome Proteasome TAP
Cytomegalovirus (CMV)	Inhibition of antigen presentation: inhibition of proteasomal activity; removal of class I MHC molecules from endoplasmic reticulum (ER)	ER Removal of class I from ER: CMV
Epstein-Barr virus (EBV)	Inhibition of antigen presentation: inhibition of proteasomal activity	CD8+ CTL

#### **Evasion of cell-mediated immunity by microbes**

- **IL-10 production**  $\rightarrow$  inhibition of M $\Phi$  activation (EBV)
- Inhibition of effector cell activation by soluble cytokine receptor (Pox virus)

Microbe	Mechanism	
Epstein-Barr virus (EBV)	Production of IL-10, inhibition of macrophage activation	EBV infected B lymphocyte EBV IL-10 Macrophage Inhibition of macrophage activation
Pox virus	Inhibition of effector cell activation: production of soluble cytokine receptors	Pox virus    Block cytokine activation of effector cells      Soluble    IL-1, effector cells      Soluble    IL-1, effector cells